

Specific Learning Outcomes based on Essential Competencies & Entry-to-Practice Milestones:

Following attendance and active participation in lectures, labs, CRW and clinical site visits, the student will begin to demonstrate the following essential competencies for physical therapy practice, for a clientele with previously diagnosed conditions affecting the musculoskeletal system. The student will also have progressed toward the following entry-to-practice milestones, in the context of the topics discussed in this course.

Physiotherapy Expertise:

Employ a client-centered approach.

- **o** Act in a manner that respects client uniqueness, diversity and autonomy, and is in the client's best interest.
- **o** Provide the client with relevant information throughout care.
- **o** Actively involve the client in decision-making.
- **o** Empower client to engage in his / her own care.
- **o** Build and maintain rapport and trust with the client.
- **o** Ensure ongoing, informed client consent.

Ensure physical and emotional safety of client.

- o Identify client-specific precautions, contraindications and risks.
- **o** Employ safe client handling techniques.
- **o** Apply assessment and intervention procedures in a manner that enhances the client's safety and comfort.
- **o** Monitor and respond to client's physical and emotional state throughout care.
- **o** Identify and respond to near misses and adverse events.

Conduct client assessment.

- **o** Interview client to obtain relevant information about health conditions, and personal and environmental factors.
- **o** Determine client's expectations, and their relevance to physiotherapy.
- o Identify comorbidities that impact the approach to assessment.
- **o** Identify urgent health conditions that require immediate attention and take appropriate action.
- **o** Identify non-urgent health-related conditions that may benefit from referral to other services, and advise client accordingly.
- **o** Select and perform appropriate tests and measures.

Establish a physiotherapy diagnosis and prognosis.

- o Interpret assessment findings and other relevant information.
- **o** Identify client's body structure and function impairments, activity limitations and participation restrictions.
- Develop a physiotherapy diagnosis.
- o Develop a working prognosis.

- Participate in shared leadership.
- **o** Share relevant information with the team.
- o Participate and be 0 1 381.55 48.2-CAS

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